



OUR FAMILY OVERVIEW - OCTOBER 3, 2021

# HOLY FAMILY PARISH

The 27th Sunday of Ordinary Time



*A Message from  
Fr. Bob Remark,  
Pastor*

In the last week, the Canadian Catholic Bishops have issued an official apology for the role that the Catholic Church has played in the Residential Schools system over the past 150 years, along with their action plan in support of our Indigenous sisters and brothers. That apology is posted on our parish website for your review. Our own Bishop Fabbro has also issued a formal apology, with his action plan. It is also posted on our parish website. You may know that on the first Sunday in July, after participating in the Turtle Island Healing Walk on July 1st starting in Victoria Park downtown, with 10,000 others in support of our Indigenous sisters and brothers, I gave as my homily, my own public apology to the First Peoples of this land.

*cont'd on page 2*

## HOLY FAMILY PARISH

777 Valetta Street  
London, Ontario  
N6H 2Y9

Phone/Fax: (519)472-0057

Email: [hfp parish@dol.ca](mailto:hfp parish@dol.ca)

Website: [holyfamilylondon.ca](http://holyfamilylondon.ca)

## SUNDAY MASSES

Saturday at 5:00pm

Sunday at 8:30am,

11:00am\*\*, and 2:00pm

\*\*11:00 am Mass will not  
be livestreamed

## WEEKDAY MASSES

Tuesday at 6:30 pm and

Wednesday, Thursday, and Friday  
at 10:00 am

## CONNECT WITH US

 [@HolyFamilyLondon](https://www.facebook.com/HolyFamilyLondon)

 [@holyfamily\\_on](https://www.instagram.com/holyfamily_on)

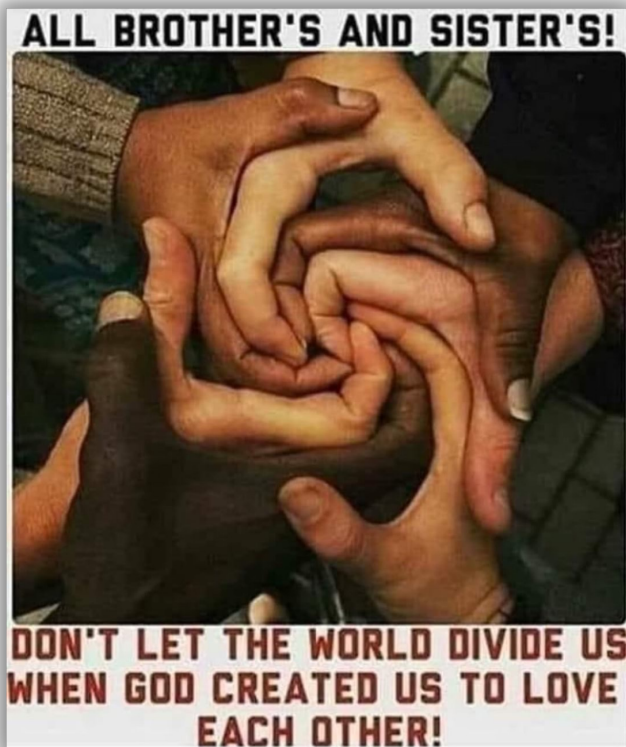
 [@HolyFamilyParishLondon](https://www.youtube.com/HolyFamilyParishLondon)

*We are all brothers and sisters in Christ.*



## *A Message from Fr. Bob Remark, Pastor*

*cont'd*



Words are not enough; they never are. I will be inviting the good people of Holy Family Parish to work with the action plan of Bishop Fabbro and to continue our own plan of Truth and Reconciliation. One piece of information that is good for us to know is that the Canadian Bishops, since their foundation as an Episcopal Conference in Canada in 1943, have issued 83 official statements in support of our Indigenous sisters and brothers across those years. The Bishops spoke up in matters of justice and solidarity with our foremothers and forefathers. Our Canadian media and political figures would have us believe that that has never been offered before. This past week, one of our wonderful parishioners suggested that we might post an acknowledgement of the Indigenous lands that we now inhabit. Northwest London, where tens of thousands of people now live, work and shop, was once part of the vast forestland of our Indigenous sisters and brothers. We now acknowledge this as follows:

We acknowledge that Holy Family Parish is situated on the traditional territories of the Anishinaabeg, Haudenosaunee, Lenapeewak, and Attawandaron peoples, all of whom have longstanding relationships to the land of Southwestern Ontario and the City of London.

The First Nations communities of our local area include Chippewas of the Thames First Nation, Oneida Nation of the Thames, and Munsee Delaware Nation. And in our region, there are eleven First Nations communities, as well as a growing Indigenous urban population. Holy Family values the significant historical and contemporary contributions of local and regional First Nations, and all of the Original Peoples of Turtle Island (also known as North America).

We would like us to acknowledge that reconciliation is not a single act or simply an apology, it is an active and participatory process.

We would like to shed light on and be mindful of the broken covenants and the need to reconcile our history and relations with the Indigenous Peoples here and across this Continent.

Let us be especially mindful of the 2015 Truth and Reconciliation Commission's Call to Action and engage in a process of reconciliation with Indigenous peoples of Canada. We acknowledge that we walk upon the territories and original nations of the first peoples of this land, whose children and families continue to seek justice.

We are all sisters and brothers under one Creator. May we acknowledge this in our minds and in our hearts. Together, may we co-create a land where all peoples respect and love one another. May we defend this deepest truth and publicly work against those who would falsely believe otherwise. **Come, Holy Spirit!**



### Session 3 – Michelle Zinck



**Moving Forward** ~ Michelle opened her final talk with a review of the first two sessions. The Dene relationship with the land has been concerned with and practicing their ancient wisdom around sustainability from the beginning of time, as the land is their life. They have healing traditions and medicines that kept them well. The medicines also came from the land, so the health of the land is critical to their life in all aspects, as it is to all humans. Michelle had previously given an example of pond lilies having been used by the Dene as medicine. Western medicine more recently has acknowledged the medicinal properties of pond lilies, now catching up to what their ancestors have known for many years. Indigenous medicine does not need to be validated by Western science; it is their science and it allowed them to be healthy and well pre-contact.

Michelle briefly spoke about land back. Land back is about confronting colonialism at its root. It is returning some of the physical land but also making systemic change and it's about their right to their relationship with the earth. It could be about receiving a portion of the money from the economic gain from taking the resources from the land which in turn negatively affects their health. The operating uranium mines that result in a lack of clean water, which is a 3rd world country condition in a 1st world country is one possibility for financially giving back.

Intergenerational trauma, stressors from systemic racism and discrimination, and not receiving adequate care from health care providers because the reporting of their ailments are not believed due to racism are all factors that are having a negative impact on their health. Not all Indigenous people are unwell but a statistically disproportionate number are. With truth and reconciliation, the truth that they are survivors of genocide has also brought forth the truth that there is not just something wrong with them as a people but they are having trauma responses. In the Indigenous communities, they have not time to heal from this trauma with the disproportionate levels of death, murder and suicide occupying the here and now.

It is important for us to work with Indigenous communities, engaging with them and alongside them; giving back rather than taking from them. We need to do our own reading to gain further understanding of the truth. We need to consider that a seemingly negative reaction from the Indigenous community to our actions might be rooted in their history with how they have been treated before – as less than human. An example that Michelle provided was unethical research that was done on Indigenous children in residential schools to develop information on nutrition and malnutrition. These studies were the basis for developing Canada's Food Guide and were done without the informed consent or knowledge of the Indigenous people involved.

It is difficult to understand and recognize the magnitude of settler colonialism. Globally, Indigenous people are renewing their knowledge systems and adapting them according to today's cultural factors. We need to be aware of racism around us and aware of our privilege. We need to educate ourselves; be an ally; be willing to make mistakes; ask for clarification if not sure about something. Know whose land you are on; whose settlement you are on.







## Holy Family Parish - Fr. Bob Remark

Fr. Bob Remark explains that we all need each other and we need God's support and love.

We pray for these gifts.

To listen to Fr. Bob's message go to:

<https://youtu.be/TpiBp1uSS3Qo>

Meet new people and explore faith together.



YOU'RE INVITED TO ALPHA

### Alpha with Holy Family Fall 2021 Series

**Come-and-See** on Thursday, September 30 or October 7

Weekly until December 16 on Thursdays

7:00 PM - 8:30 PM

Zoom

CONNECT WITH NEW PEOPLE IN YOUR AREA

WATCH AN EPISODE ON A TOPIC OF FAITH

ASK QUESTIONS AND SHARE YOUR THOUGHTS



Alpha is a series of sessions exploring the basics of faith in an open, informal environment.

# Alpha

with  
Holy Family  
Fall 2021 Series

Alpha is a way to inspire and equip churches to create a space where people from any background can encounter Jesus.

The same Alpha content is run all over the world, by Christians of all traditions, and provides a common expression of faith.

Meet new people and explore faith together.

Join us for 11 weeks to share thoughts, questions, doubts, hopes, and fears.

For more information or to register go to

<https://holyfamilylondon.tilmaplatform.com/events/alpha-with-holy-family-fall-2021-series>



# ANNUAL THANKSGIVING APPEAL

TO WHOM MUCH HAS BEEN GIVEN,  
MUCH WILL BE REQUIRED  
(LUKE 12:48)

Your support in giving to the Thanksgiving Appeal this year is so greatly appreciated. It allows us to commit more wholly to our Vision, and to ensure that we are in the best possible position, financially, to embrace it.

Remember, 100% of your Thanksgiving Appeal offerings stay in the parish.

Please make note of this "Thanksgiving Appeal" donation on your offertory envelope or when making your weekly offertory donation on-line at <https://dol-holyfamily.plenty.com/>

If you have any further questions, please contact Tim Firth, Mission Support Team Lead at [tfirth@dol.ca](mailto:tfirth@dol.ca) or call him at (519 472-0057, X 224).

WE CANNOT BUT SPEAK ABOUT WHAT  
WE HAVE SEEN AND HEARD. (ACTS 4:20)

**World Mission Sunday**  
**October 24, 2021**



go to  
[www.missionsocieties.ca](http://www.missionsocieties.ca)  
for more information.  
Further details in next  
week's Family Overview



Use the QR code below to scan on your smartphone camera. it will redirect you to our new mobile donation web application. After you scan the QR code and see the mobile app, please save it to your home screen by pressing the 'Add to Home Screen' button and following the instructions.



## Preparation for the Sacraments of Reconciliation, Eucharist



- **For those in grade 2 or 3** who have not yet received the Sacraments of Reconciliation or the Holy Eucharist.
- opportunities to prepare for and receive these most blessed sacraments will be offered twice a year (Fall 2021 and Winter 2022)

"I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." ~ John 6:35

**Fall sessions will begin the week of October 4th, Register by September 24th.**



- Sacramental Preparation will occur online this year, in a beautiful parent small group format. **To register**, or for more information, visit our website <https://holyfamilylondon.ca/sacraments/first-communion/> Or contact Lisa Wright at [lwright@dol.ca](mailto:lwright@dol.ca) or by calling 519-472-0057, x266
- **Parents of children, aged 7 years and up**, who have not yet received baptism, please contact Lisa Wright for more information.

## Preparation for the Sacrament of Confirmation



- **For those in grade 8 or older.**
- Opportunities to prepare for and receive these most blessed sacraments will be offered twice a year (Fall 2021 and Winter 2022)

"and they were all filled with the Holy Spirit and spoke the word of God with boldness." ~ Acts 4:31

- **Fall sessions begin the week of October 18th, Register by October 2nd.**



- Sacramental Preparation will occur online this year, in a beautiful child/parent small group format. To register, or for more information, visit our website <https://holyfamilylondon.ca/ministries-2/youth-and-family/family-movie-night/confirmation/> Or contact Lisa Wright [lwright@dol.ca](mailto:lwright@dol.ca) ; 519-472-0057, x266



We continue to welcome all parishioners and visitors to join us at church in-person weekday Masses. For the most up to date information, please see our website at <https://holyfamilylondon.ca/>. There is no pre-registration and our maximum capacity remains at 74 persons in the church. Continue to wear your mask and sign-in with our Hospitality as you enter the rear parking lot doors.



We welcome all to Confessions, held here each Saturday starting at 11:00 a.m. There is no pre-registration but kindly continue to wear your mask upon entering the building. Our Hospitality will greet you as you enter the rear parking lot doors, ensure a COVID tracing sign-in and safe distancing while you wait to see one of our priests.



The Valetta St. construction has reached the front of our church building this past week. The only access to the church parking lots will be from Deer Park Circle (Deer Park Circle is accessed from Freele St. or Juniper St., both of which run south from Oxford St.

If you know anyone interested in helping out with this livestreaming ministry, please call Marilyn Buggy at the parish office at ext'n 265 or contact her at [mbuggy@dol.ca](mailto:mbuggy@dol.ca)



### CHILDREN'S CHURCH is still happening at HOLY Family!

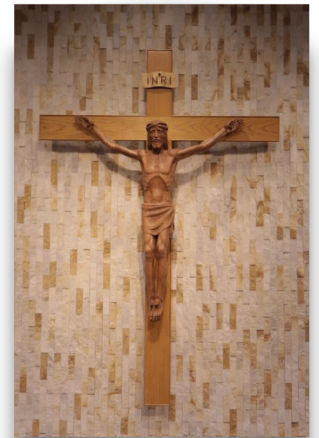
If you are home and watching our Masses via live-streaming, we have resources, all related to the Sunday readings to help celebrate and keep young children engaged, Sundays holy and celebrated by everyone in your family. Every weekend, check out our parish website at <https://holyfamilylondon.ca/childrenschurch/> for prayers, videos, activity, colouring sheets, and more!



*Please pray for those who are in need of healing and peace...*

Ziggy Ozcko  
Lenore Perdue  
Jean Richardson  
Mary Fleetwood-Ryan

*Please pray for those who have died...*  
Dennis Novakowski, Stephen Sands, Mary Murray,  
Suzanne Bailey



## OFFICE DIRECTORY

### \*Senior Leadership Team

CHRISTINA BAHATI\*  
Praise & Worship Leader - 2pm Mass  
[cbahati@dol.ca](mailto:cbahati@dol.ca)

STEVE BALDINELLI (ext'n #261)  
Building & Property Coordinator  
[sbaldinelli@dol.ca](mailto:sbaldinelli@dol.ca)

MARILYN BUGGY (ext'n #265)  
Coordinator of Digital Media &  
& Online Engagement  
[mbuggy@dol.ca](mailto:mbuggy@dol.ca)

ERWIN FUNG\* (ext'n #258)  
Discipleship Formation Team Lead  
[efung@dol.ca](mailto:efung@dol.ca)

TIM FIRTH\* (ext'n #224)  
Mission Support Team Lead  
[tfirth@dol.ca](mailto:tfirth@dol.ca)

GERTRUD HOCKE (Volunteer)  
Bible Study Coordinator  
[gertrud.holyfamily@gmail.com](mailto:gertrud.holyfamily@gmail.com)

DEACON TOM MACLEOD  
[tmacleod@dol.ca](mailto:tmacleod@dol.ca)

CLAUDETTE MCLEOD (ext'n #222)  
Part-time Secretary  
[cmcleod@dol.ca](mailto:cmcleod@dol.ca)

Fr. JUDE OGBENNA, C.S.Sp. (ext'n #226)  
Parochial Vicar  
[jogbenna@dol.ca](mailto:jogbenna@dol.ca)

BARB PRESTON (Volunteer)  
Life Groups Coordinator  
[bpreston@dol.ca](mailto:bpreston@dol.ca)

Fr. BOB REMARK\* (ext'n #228)  
Pastor  
[rremark@dol.ca](mailto:rremark@dol.ca)

ANNE SANDERSON (ext'n #229)  
Bookkeeper  
[asanderson@dol.ca](mailto:asanderson@dol.ca)

KELLY WILSON (ext'n #201)  
Receptionist/Secretary  
[kwilson@dol.ca](mailto:kwilson@dol.ca)

LISA WRIGHT (ext'n #266)  
Sacramental Preparation Coordinator  
[lwright@dol.ca](mailto:lwright@dol.ca)





Family Owned  
Since 1930

John & Patrick Donohue

we will assist in all areas of bereavement, be it  
burial, cremation, pre-need or at need services

362 Waterloo St. at King 519-434-2708  
donohuefuneralhome.ca



**Dr. Irena Szczesny**  
**Family Dentist**  
1038 Lawson Rd.  
London ON N6G 3V6  
driszczesny@yahoo.ca  
**519-471-0984**

**Your Neighbourhood Market  
The Freshest**



Breads•Pastries•Meats•Seafood  
Cheeses•Deli Meats•Salads•Rotisserie  
Fruits & Vegetables•Flowers  
Gourmet & Fruit Baskets  
Specialty Groceries  
OPEN 7 DAYS A WEEK

Tel 519-474-2561 Fax 519-474-3891

**remarkfreshmarkets.com**

Oxford St. W. & Hyde Park Rd. (next to Shoppers)



**DANNY'S** 519.432.5855  
WINE & BEER 127 Hamilton Rd  
London, ON

Fresh Juice - Beer Making - Grapes  
Ferment on Premises - and more!  
[www.DannysWineAndBeer.com](http://www.DannysWineAndBeer.com)

**St. Peter's Cemetery  
And  
Holy Family Chapel Mausoleum**  
London's ONLY Catholic Cemetery



[www.catholiccemeteries.on.ca](http://www.catholiccemeteries.on.ca)  
806 Victoria St. 519-451-9120



**KNIGHTS OF COLUMBUS**  
St. Pius X Council 10561  
Serving Holy Family Parish

GRAND KNIGHT  
Bro. Darryl Lierman  
226-663-5081

New members are always welcome!  
[www.kofc10561.com](http://www.kofc10561.com)

**FRANCO  
PAGLIONE**  
Exclusive Tailoring  
& Alterations

Serving London  
Since 1973  
224 Oxford St. W.  
519-642-7721  
Livia & Franco



**Westview Funeral Chapel**  
PAUL R. NEEDHAM FUNERAL HOMES LTD.

**Paul Needham**  
Funeral Director

(519) 641-1793  
709 Wonderland Rd. N.



[westviewfuneralchapel.com](http://westviewfuneralchapel.com)

**Investing questions? We'll help.**



**Frederick H Rovers, CFP®**  
Financial Advisor

677 Richmond Street  
Unit 2  
London, ON N6A 5M1  
519-642-1963

[www.edwardjones.com](http://www.edwardjones.com)  
Member - Canadian Investor Protection Fund

**Edward Jones**  
MAKING SENSE OF INVESTING

**@PRINT**  
AT PRINT CORPORATION

For All your  
Printing Needs  
order online @  
[www.atprint.com](http://www.atprint.com)

**PAULA V. ADAMS**

LAW OFFICE

REAL ESTATE  
WILLS & ESTATES  
BUSINESS LAW

219 Oxford Street West, Suite 303  
Phone: 519-438-6077  
paula@pvadamslaw.ca



Paul Fox BA LLB  
Wills, Estates & Powers of Attorney

**DYER BROWN LLP**  
Barristers & Solicitors  
495 Richmond St.  
P.O. Box 818 Terminal "B"  
London, Ontario  
N6A 4Z3

Tel ( 519 ) 673-1100 ( Ext 240 )  
pfox@dyerbrownlaw.com

Retirement Living Never *Looked so Good.*

**Oakcrossing Retirement Living**  
a peopleCare community

We invite you to come for a visit! 519.641.3131  
1238 Oakcrossing Road, London [oakcrossing.ca](http://oakcrossing.ca)

**AIR HEAT EXPRESS**  
519-854-0222

**SALES - INSTALLATION  
REPAIR AND MAINTENANCE**

FURNACES  
AIR CONDITIONING  
INDOOR / OUTDOOR FIREPLACES  
GAS LINES (BBQ, RANGE, DRYER)

AIRHEATEXPRESS.CA Serviced by: Hector Guzman

Licensed and insured



**LONDON WEST  
DENTURE CLINIC**

Braden Neron, Denturist  
431 Boler Road, Unit 9  
519.601.8882  
[londonwestdenture.com](http://londonwestdenture.com)

"We Make House Calls"



**CATHOLIC WOMENS LEAGUE**

MEETINGS ARE THE SECOND TUESDAY OF THE MONTH

**NEW MEMBERS WELCOME!**

FOR MORE INFORMATION  
Contact the President: Fran Bennett at 519-472-6750

**Wish to advertise  
your company in  
our bulletin?**

Please contact Parish Office for  
more details.  
Phone: 519-472-0057 ext. 202  
Email: [hfparish@dol.ca](mailto:hfparish@dol.ca)

**Cutting Edge Services**

Painting • Parging  
Drywall • Taping • Plastering  
Trimwork • Crown Moulding  
Grass Cutting • Garden Rototilling  
Hedge Trimming  
Core Aeration & Rolling  
"Quality and Honest Workmanship  
Since 1991"

**519-933-7020**  
[cuttingedgeservices@live.ca](mailto:cuttingedgeservices@live.ca)

**CENTURY 21**

First Canadian Corp.  
Brokerage

**PATRICK HEFFERNAN**

Sales Representative  
420 York St.,  
London, ON N6B 1R1  
C 519.860.4341  
O 519.673.3390  
E [patrickheffernan@rogers.com](mailto:patrickheffernan@rogers.com)  
[century21.ca/patrick.heffernan](http://century21.ca/patrick.heffernan)

**WESTOWN SHOE CLINIC**

REPAIRS TO ALL  
LEATHER GOODS  
Golf Bags • Orthopedic Work  
Sharpen Scissors & Knives 519-433-6791  
301 Oxford St. W.(Cherry Hill Village Mall)  
[westownshoeclinik.ca](http://westownshoeclinik.ca)

**Brian P. Gastaldi & Associates  
Physiotherapy Consultants**

Brian P. Gastaldi • B.A., B.Sc.(PT), M.S.  
577 Richmond Street, 2nd Floor London ON N6A 3G2  
B: 519-473-3288 • [physio@briangastaldi.com](mailto:physio@briangastaldi.com)